

Updated Scoliosis Guidelines from the  
Alabama State Department of Education  
and the  
Alabama Department of Public Health

Scoliosis Guidelines were revised in January 2019. Schools in Alabama are required to offer and provide scoliosis screening for males and females in grades 5 through 9. The National Scoliosis Research Foundation estimates six million Americans have scoliosis. The goal of the spinal screening program is that children having spinal deformities be detected early and placed under medical care before serious disability and deformity occur.

Some Lee County schools conducted screening in the fall. Those schools who have not conducted the screening will send a letter home with the student which tells when the screening will be conducted at their school and a permission form to send back to the school giving permission to do the screening.

**Please note: Forms not returned will result in student not being screened.** Please call your school nurse if you have any questions.